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Trekking in the Celestial Mountains 17 days

From Ken-Saz, immense highlands of Balgart and Kara-Kaman. Teshik-Kul, Ton pass (4022), Jyluu-Suu (hot spring) and Song-Kul. Suberb trekking in the wildness with multicolored landscapes, meeting nomads at the "jailoo", in the heart of Tian-Shan (Celestial Mountains) and Terskeï Ala-Too. Feel the warm welcome of the shepherds and discover an unknown country

Day 1:

International flight to Bishkek, Kyrgyzstan

Day 2: Bishkek

We will meet at the Manas international airport and transfer to Bishkek. Rest in a guesthouse or hotel. Visit the capital city Bishkek and its center, contrasted city of Soviet architecture but with nice parks and superb walks. You will visit the Osh Grand Bazaar, walk along its bustling alleyways, and see its artisanal goods, its cultural contrasts between Chinese specialties and dried fruits from the Middle-East.

Transfer: 45 min;

Accommodation: guesthouse or hotel

Day 3: Kyzart

Transfer to Kyzart village which is situated at the foot of the Song-Kul mountains. Opportunity to discover a Russian traditional "banya" a very hot sauna bath. On the way we will make a stop in Tokmok to visit the Burana Tower. Burana is a historic city of the Karakhanid period X-XI centuries.

Transfer: 5h

Accommodation: homestay

Day 4: Trekking to Kilemche

We start our two-day trekking to reach Song-Kul Lake. At the end of the day camp at the "jailoo" (summer pasture) Kilemche which is translated as Flower carpet.

Trekking time: 4h

Altitude variation: 400 m

Accommodations: tent

Day 5: Song-Kul

Trekking to Song-Kul Lake. Crossing of the Jalgyz-Karagai Pass (3200m)

Trekking time: 5h

Altitude variation: 700m

Accommodations: yurts

Day 6: Free day

During the summer a large gathering of Kyrgyz nomads cover the whole landscape of Son Kul with their animals. Discovery of the life of the nomads. Possibility of a ride on horseback or walking on foot.

Accommodations: yurt

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Day 7: Transfer to Ken-Saz

We will drive the car to start the second stage of our trek in the Celestial mountains. Camping next to the nomads in Ken-Saz.

Transfer: 6h

Accommodations: tent

Day 8: Trekking

"Jailoos" covered by nomads and animals along with spectacular landscapes will brighten our trek on the path that leads us to the foot of Jak-Bolot Pass.

Trekking time: 5h

Altitude variation: 500 m

Accommodations: tent

Day 9: Jak-Bolot Pass

After crossing the Jak-Bolot pass (3850 m) in the Jetim-Too massif we camp.

Trekking time: 6h

Altitude variation: 900 / -1100 m

Accommodations: tent

Day 10: Balgart

During our trek we will cross from region of Naryn to the Issyk-Kul region seeing old kholhozes of the soviet time. Camp by the wild Balgart river. Possibility to enjoy the Russian "banya".

Trekking time: 4h

Altitude variation: 200 / -200

Accommodations: tent

Day 11: Kichi- Kara-Kaman

Our trek continues to the pastures of the high mountains of Kichi-Kara-Kaman.

Trekking time: 5h

Altitude variation: 700 m

Accommodations: tent



Day 12: Jyluu-Suu

Trekking to Teshik-Kul (pierced lake in Kyrgyz) after the pass (3740) without name. The snowcapped peaks of the Terskei Ala-Too chain will open itself to you. At the end of the day camp next to the hot spring of Jyluu-Suu.

Trekking time: 6h

Altitude variation: 450 / -750 m

Accommodations: tent



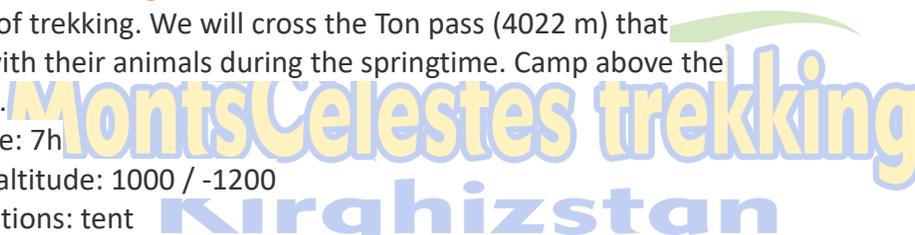
Day 13: Last day of the trekking

A long and last day of trekking. We will cross the Ton pass (4022 m) that the nomads cross with their animals during the springtime. Camp above the village of Tuura-Suu.

Trekking time: 7h

Variation in altitude: 1000 / -1200

Accommodations: tent



Day 14: Issyk-Kul - Ak-Sai

We will go down by vehicle to Lake Issyk-Kul, the second highest salt lake in

world after Titikaka. In the afternoon, we will be able to attend a hunting demonstration with an Eagle.

Transfer: 1h

Accommodation: tent

Day 15: Free day

A spectacular walk on the ridges of the Ak-Sai canyons. After the picnic we can swim in the lake.

Accommodations: tent

Day 16: Return to Bishkek

Transfer: 5h

Accommodation: guest house

Day 17:

Transfer to the airport and return flight

Transfer to Bishkek Airport: 45 min



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